





2 <sup>nd</sup> Open Call- Normal Projects	
Project code	ROHU-285
Project title	TSH TradScienceHealth
	Healthy Traditions - science for next generation
Priority axis	6 - Promoting cross-border cooperation between institutions and
	citizen (Cooperation of institutions and communities)
Investment	11/b - Intensify sustainable cross-border cooperation of institutions and
priority	communities
Implementation	33 months (1 <sup>st</sup> of December 2018 – 30 <sup>th</sup> of August 2021)
period	33 Months (1 of December 2010 30 of August 2021)
	The main objective of the project is to create a real connection between
Objective	the communities from the eligible area by raising awareness of the
	common and specific traditions of each population.
	Lead Beneficiary:
	"Iris Research" Association (Romania)
Partnership	Project Partners:
	PP2: West University of Timişoara (Romania)
	PP3: "Nicolae Balcescu" Primary School and College (Hungary)
<b>TOTAL Budget</b>	€ 67,671.09, out of which, ERDF € 57,520.41
	The project ROHU-285 aims to collect valuable customs, traditions and cultural heritage information from the counties of Arad, Timis (both in RO) and Békés (HU), by involving young people, volunteers and
	residents from the three counties in order to promote their local
	heritage at regional level and to strengthen relationships between
Summary	people from a community.
	The main project activities are:
	Creating a questionnaire on the selection criteria for
	volunteers
	Taking interviews to at least 15 people/ village in Arad, Timis and
	Békés counties, collecting traditional gastronomic recipes,







	natural remedies and religious or national holidays customs
	from the inhabitants;
	• 25 interviews with participants in the Cucumber Festival in
	Gyula (collection of traditions)
	Creating a bilingual calendar where each month will have
	specific recipes, remedies or customs;
	Publishing a bilingual culinary guide;
	<ul> <li>Organizing 3 workshops: on cultural, culinary and scientific</li> </ul>
	themes: "Cook with your ancestors", "Walk with your ancestors"
	and "Understand with your ancestors".
	- Organizing the joint cultural event "Meals, remedies and
	traditions" in Gyula
	<ul> <li>Purchasing equipment for project implementation (3 voice</li> </ul>
	recorders, 1 scanner, 1 laptop and 1 camera)
	and a control of a control of
	The Programme Output Indicator is "11/b2 Number of people
	participating in cross-border cooperation initiatives". Project ROHU–285
	contributes by reaching a number of 800 people that will be involved in
	the project.
	The collaboration of the partners within this project will lead to a
	increased level of cultural opportunities and to an increased number of
	people who will participate actively in the cooperation initiatives from
	the three counties.
	The project's main results are:
	- 800 people from 18 localities (15 villages, Gyula, Arad and
	Timișoara) participate in cross-border activities
	- a questionnaire on the selection criteria for volunteers
Main results	- a report with the selected traditions from the collected materials
	- a joint cultural event "Meals, remedies and traditions" in Gyula
	- a bilingual calendar and a bilingual culinary guide with traditional
	recipes from the area
	- 3 workshops organized: "Cook with your ancestors", "Walk with
	your ancestors" and "Understand with your ancestors".