





2 nd Open Call- Normal Projects	
Project code	ROHU-285
Project title	TSH TradScienceHealth
	Healthy Traditions - science for next generation
Priority axis	6 – Promoting cross-border cooperation between institutions and
	citizen (Cooperation of institutions and communities)
Investment	11/b - Intensify sustainable cross-border cooperation of institutions and
priority	communities
Implementation period	33 months (1 st of December 2018 – 31 th of August 2021)
	The main objective of the project was to create a real connection
Objective	between the communities from the eligible area by raising awareness
	of the common and specific traditions of each population.
	Lead Beneficiary:
	"Iris Research" Association (Romania)
Partnership	Project Partners:
	PP2: West University of Timişoara (Romania)
	PP3: "Nicolae Balcescu" Primary School and College (Hungary)
TOTAL Budget	€ 67,671.09, out of which, ERDF € 57,520.41
	Total eligible expenditure certified within the project: € 43,552.40
	Budget execution: 64.35%
Summary	The project ROHU-285 aimed to collect valuable customs, traditions and cultural heritage information from the counties of Arad, Timiş (both in RO) and Békés (HU), by involving young people, volunteers and residents from the three counties in order to promote their local heritage at regional level and to strengthen relationships between people from a community.
	The main activities implemented within the project:







European Regional De	
	 Creating a questionnaire on the selection criteria for volunteers Taking interviews to people in Arad, Timis and Békés counties, collecting traditional gastronomic recipes, natural remedies and religious or national holidays customs from the inhabitants; interviews with participants in the Cucumber Festival in Gyula (collection of traditions) Creating a bilingual calendar where each month will have specific recipes, remedies or customs; Publishing a bilingual culinary guide; Organizing 3 workshops: on cultural, culinary and scientific themes: "Cook with your ancestors", "Walk with your ancestors" and "Understand with your ancestors". Organizing the joint cultural event "Meals, remedies and traditions" in Gyula Purchasing equipment for project implementation (3 voice recorders, 1 scanner, 1 laptop and 1 camera) On August 31, 2021, the project was successfully finalized. All activities provided in the project were completed (100%).
	The Programme Output Indicator is "11/b2 Number of people participating in cross-border cooperation initiatives". Project ROHU–285 contributes by reaching a number of 745 people that will be involved in the project.
	The collaboration of the partners within this project will lead to a increased level of cultural opportunities and to an increased number of people who will participate actively in the cooperation initiatives from the three counties.
	The project's main results are:
Main results	 745 people from 18 localities (15 villages, Gyula, Arad and Timișoara) participate in cross-border activities a questionnaire on the selection criteria for volunteers a report with the selected traditions from the collected materials a joint cultural event "Meals, remedies and traditions" in Gyula







a bilingual calendar and a bilingual culinary guide with traditional recipes from the area
 3 workshops organized: "Cook with your ancestors", "Walk with your ancestors" and "Understand with your ancestors".